



Cardiovascular Medicine, P.C.

VEIN SCLEROTHERAPY PROCEDURE Patient Preparation Instructions

_____ **Davenport Diagnostic Center**
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport, IA 52803
(563) 324-2992

_____ **Moline Diagnostic Center**
1100 36th Avenue
Moline, IL 61265
(309) 743-6700

Your procedure is scheduled on: DATE: _____ TIME: _____

- **Please read these instructions carefully. Failure to follow these instructions may require the procedure to be rescheduled.**
- **If you need to cancel or reschedule this procedure you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your procedure was scheduled, please check with your current insurer to see if test pre-certification is required.**

What is a vein sclerotherapy procedure?

Sclerotherapy is the treatment of veins in the legs through the injection of a “sclerosing” solution into the affected vessel. The solution causes inflammation in the lining of the vessel, which swells and eventually closes the vein. The solutions are safe and typically have no serious side effects. Spider veins and reticular veins respond very well to sclerotherapy. These small veins carry a miniscule amount of blood and their elimination does not produce any adverse consequences. Response to sclerotherapy varies from patient to patient and is dependent on the severity of the spider veins or varicosities. It may take 4-8 weeks for the affected leg to look better with optimal results appearing in 4-6 months.

How to prepare for the procedure:

- Do not use any lotion on your legs on the day of the treatment
- Wear loose, washable pants (sweat pants or athletic pants) to your appointment. Also bring a pair of loose, washable shorts for the procedure.
- If you have compression stockings, please bring them with you for the procedure.

Upon arrival at the doctor’s office...

A member of our staff will escort you to an exam room, explain the procedure, and ask you to sign a consent form. You will be asked to remove your outer clothing from the waist down. Your physician will examine your legs and identify the veins requiring treatment. Photographs of the treatment area may be taken for clinical documentation purposes. Your physician will inject the “sclerosing” solution into the veins with a syringe and very small needle. It is normal to feel some slight discomfort, burning or itching during the procedure. It is normal to have some bruising at the injected site for 3 - 10 days. The procedure may take up to 1 hour to complete.