

## **NUCLEAR PATIENT APPOINTMENT CHECKLIST**

- **Your doctor ordered a Nuclear Stress Test. The entire procedure will take about 3-3.5 hours.**
- **We will place an IV to give injections so we can take pictures. We will be taking 2 different sets of pictures of your heart: 1 before and 1 after your stress test. The stress test can be performed while walking on a treadmill or by giving you medicine to make your body think it's exercising.**
- **Can you lie flat on your back with your arms up over your head for the pictures? Each set of pictures takes 15 minutes. Do you have any problems with your back, arms, or legs that would prevent you from being able to complete the test? We will provide pillows for under your knees, head and arms to make you as comfortable as possible.**
- **Are you claustrophobic or severely anxious? When we take the pictures you will be on the camera table. A camera will be moving around your chest for 15 minutes for each set of pictures. Your head will not be under the camera, but the camera will be close to your chin.**
- **Do you have problems with breathing, for any reason, when you lie flat? If so, are you able to lie flat on you back with a small pillow under your head for 15 minutes for both sets of pictures? Do you use oxygen to sleep? If yes, please bring your oxygen with you.**
- **If you use a wheelchair or scooter, can you bear weight on your legs? You must be able to stand and turn to sit on the table. We can assist you, but we cannot lift you from a sitting position onto the table.**
- **The weight limit for our Nuclear camera table is 400 pounds.**
- **DO NOT have any caffeinated, decaffeinated or chocolate products for 24 hours prior to your test or your appointment will be cancelled. Caffeine counteracts the medicine we give you for the stress test.**

**If you have any questions or concerns regarding the questions above please call 856-546-3006, ext. 2250.**

Revised: July 2019