



EVENT MONITOR Patient Preparation Instructions

_____ Davenport Office
3rd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport, IA 52803
(563) 324-2992

_____ Moline Diagnostic Center
1100 36th Avenue
Moline, IL 61265
(309) 743-6700

_____ Clinton Outreach Clinic
1st Floor, South Entrance
Mercy Medical Center
638 South Bluff Blvd.
Clinton, IA 52732
(563) 244-3526

Your test is scheduled on: DATE: _____ TIME: _____

- **Please read these instructions carefully. Failure to follow these instructions may require the procedure to be rescheduled.**
- **If you need to cancel or reschedule this test you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your test was scheduled, please check with your current insurer to see if test pre-certification is required.**

What is an Event Monitor Test?

An event monitor records your heart's electrical rhythm. A small recording device is worn on the chest. The device is typically worn for a 30 days. You will receive instructions on how to remove the device for bathing and how to transmit your recorded electrical rhythms to a designated receiving center.

How do I prepare for the test?

- You can take all of your medications before your appointment.
- Please wear comfortable two-piece clothing.
- Please shower or bathe before your appointment.
- Please allow 30 minutes for this test.

Upon arrival at the doctor's office...

A member of our staff will escort you to an exam room and explain the procedure. The staff member will place electrode patches on your chest. The event monitor has wires that will be attached to the electrode patches. The monitor is worn around the neck and communicates with a cellular device. Because the electrode patches are attached with tape or adhesives, they may cause mild skin irritation. Please tell our staff member if you are allergic to tape or any adhesives. The event monitor hook up will take about 30 minutes to complete. A copy of your test report will be sent to your physician.