



ECHOCARDIOGRAPHY Patient Preparation Instructions

_____ Davenport Office
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport, IA 52803
(563) 324-2992

_____ Moline Diagnostic Center
1100 36th Avenue
Moline, IL 61265
(309) 743-6700

_____ Clinton Outreach Clinic
1st Floor, South Entrance
Mercy Medical Center
638 South Bluff Blvd.
Clinton, IA 52732
(563) 244-3526

Your test is scheduled on: DATE: _____ TIME: _____

- **Please read these instructions carefully. Failure to follow these instructions may require the procedure to be rescheduled.**
- **If you need to cancel or reschedule this test you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your test was scheduled, please check with your current insurer to see if test pre-certification is required.**

What is an Echocardiogram test?

An echocardiogram is an ultrasound procedure that looks at the heart. Images of the heart's movement and structures are obtained. These images can help identify abnormalities of the heart muscle and valves.

How do I prepare for the test?

- You can eat and drink normally before this test.
- You can take all of your medications before this test.
- Wear comfortable two-piece clothing.
- Please shower or bathe before your test.
- Please allow 45 minutes for this test.

Upon arrival at the doctor's office...

A sonographer will escort you to an exam room and explain the procedure. You will be asked to remove your clothing from the waist up. Women will be provided a cape to wear. The procedure is typically performed while you lie on your back and left side. The sonographer will place a small amount of gel on an ultrasound probe and place it on different areas of your chest. **In some instances, an IV needs to be placed in the arm so that a medication can be administered to improve the picture quality.** The test will take about 45 minutes to complete. A copy of your test report will be sent to your physician.