

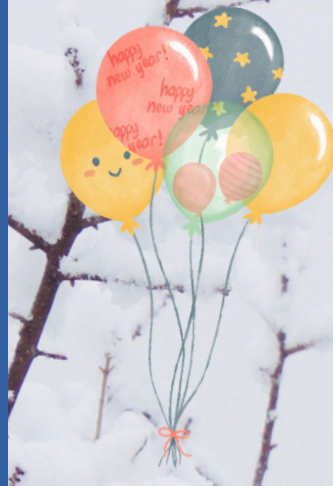
The Monthly Beat

January 2023



January Birthdays

01/07 Stacey Berry
01/08 Dr. Sharis
01/08 Patricia Tatman
01/09 Ingrid Durcova
01/12 Alexis Flaugh
01/13 Stacie Simon
01/15 Dr. Foreman
01/16 Angela Franzenburg
01/16 Melissa Birkmeier
01/18 Angela VanRycke
01/23 Dr. Puri
01/23 Barb Taylor
01/24 Erin Gorsh
01/26 Doreen Briles
01/28 Melanie Posten
01/28 Sarah Scott
**01/28 Alexa Rodriguez -
Guerra**
01/30 Rebecca Gonzales
01/31 Dr. Shammass
01/31 Brenda Brown
01/31 Shalana Evans
01/31 Misty Vesey



“
We will open
the book. Its pages are
blank. We are
going to put words on
them ourselves.
The book is called
Opportunity and its
first chapter is
New Year's Day.
EDITH LOVEJOY PIERCE

January Anniversaries

01/01/2003 Dr. Puri
01/01/1982 Dr. Robken
01/02/2019 Katelynn Gould
**01/14/2023 Sherry
Farhenkrug**
01/21/2002 Martie Hollars
01/21/2019 Pamela Dobbins
**01/21/2021 Michelle
O'Connell**
01/24/2011 Laura Pena
**01/24/2022 Jason
Underwood**
01/24/2022 Valerie Jessen
01/25/2017 Mike Holle
01/27/2020 Kristina Lynch
01/28/2015 Kathryn Jochim



**Change of
Address**

***Did you move this year??
Please make sure HR has
your correct address TODAY
to ensure that you receive
your W-2 in a timely
manner!***



Welcome New Staff!

Jennifer Gustafson
Insurance Specialist
Corporate

Star Watkins
Medical Assistant
Corporate



Rebecca Gonzales
Mail Processing
Specialist
Corporate

Sharese Tate
Medical Assistant
Davenport



Amanda was nominated for the Daisy award. This award is designated for nurses who show extraordinary care in serving their patients. The patient who nominated her described her as pleasant and very caring, kind and respectful. Way to go Amanda!!

Now is a great time to take a look at your Vanguard account to make sure you are saving enough money for your future! You can change your payroll deferrals, change how you invest your money, and ensure you will have enough in the account for retirement.

If you have questions or need help please reach out to Ross Stanforth at 563-322-2322 ext. 401



Lauren Rogers earned her Human Resources Certification last month, Congrats!!

30 DAY DECLUTTER challenge

COLLECTIONS		PERSONAL	
DAY 1 Toys and media (DVDs, CDs, video games)	<input type="checkbox"/>	DAY 16 Jewelry	<input type="checkbox"/>
DAY 2 Books and Magazines	<input type="checkbox"/>	DAY 17 Shoes	<input type="checkbox"/>
DAY 3 Games	<input type="checkbox"/>	DAY 18 Clothes	<input type="checkbox"/>
KITCHEN		DAY 19 More clothes	<input type="checkbox"/>
DAY 4 Fridge	<input type="checkbox"/>	DAY 20 Underwear drawer	<input type="checkbox"/>
DAY 5 Freezer	<input type="checkbox"/>	DAY 21 Accessories	<input type="checkbox"/>
DAY 6 Kitchen cabinets	<input type="checkbox"/>	DAY 22 Cosmetics/make-up bag	<input type="checkbox"/>
DAY 7 Kitchen drawers	<input type="checkbox"/>	DAY 23 Purse & wallet	<input type="checkbox"/>
DAY 8 Pantry	<input type="checkbox"/>	SEASONAL ITEMS	
DAY-TO-DAY ITEMS		DAY 24 Holiday decor	<input type="checkbox"/>
DAY 9 Receipts, mail, and paperwork	<input type="checkbox"/>	DAY 25 Gifts	<input type="checkbox"/>
DAY 10 Computer & Phone	<input type="checkbox"/>	DAY 26 Travel items	<input type="checkbox"/>
DAY 11 Craft supplies	<input type="checkbox"/>	DAY 27 Winter gear	<input type="checkbox"/>
DAY 12 DIY & Tools	<input type="checkbox"/>	DAY 28 Summer/pool DIY tools	<input type="checkbox"/>
ROOMS		MISCELLANEOUS	
DAY 13 Garage	<input type="checkbox"/>	DAY 29 Car	<input type="checkbox"/>
DAY 14 Storage	<input type="checkbox"/>	DAY 30 Medicine cabinets	<input type="checkbox"/>
DAY 15 Office	<input type="checkbox"/>		

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Your Tango

HAPPY NEW DREAMS. NEW DAYS.
NEW DESIRES. NEW WAYS.
Happy New Year. Happy new you.