



## CT Contrast Instructions

This exam will take approximately 30 minutes. This includes paperwork, establishing intravenous access for contrast, and the scan time. Computed tomography (CT or CAT scan) is a diagnostic imaging procedure that uses a combination of X-rays and computer technology to produce horizontal, or axial images (often called slices) of the body. A CT scan shows detailed images of any part of the body, including the bones, muscles, fat, and organs.

1. No food 4 hours before exam and clear liquids only.
2. Please drink plenty of water prior to your exam
3. If receiving contrast, hold Metformin 48 hrs following scan
4. If receiving contrast and you have a known allergy to iodine, please bring it to the staff's immediate attention.
5. If you are claustrophobic, please bring it to the staff's immediate attention.
6. If you are, or think you could be pregnant, please bring it to the staff's immediate attention.
7. If you are nursing and receiving IV contrast, discontinue breast-feeding for 24 hours after your procedure.